

November 2022

Start of the holiday season

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OELRICHS SCHOOL DIST. Home of the TIGERS

The Red Ribbon Carnival was moved to Thursday November 3rd (everyone wear red!) We have no school Friday November 4th due to Teacher In Service.

Since we are now in November, we are starting the holiday season. This means breaks from school and interrupted learning, it also means winter weather and possible blizzards. Please make sure Miss Lee has your current phone number so you are able to receive the school reach calls when necessary. Also please make sure your students are dressed properly for the weather.

The Community Thanksgiving meal will be held Friday November 18th from 11:30AM to 1:00PM. Please join us for a great meal and chitchatting with your neighbors and friends.

We all hope your holiday season is a happy, healthy and safe one.

Dr. Stone



Counselor's Corner by :Nancy Fleming

This past month included some RED RIBBON Week activities and on November 3, 2022, from 1:30-3:00 we will have a fun Red Ribbon Carnival for the entire school. Parents and family are invited. There will be games, prizes, and raffle prizes. We hope you will be able to attend!

In 2019 the Surgeon General of the United States and through the Department of Health and Human Services issued an Advisory related to marijuana use by adolescents and pregnant women. The Surgeon General noted that" increases in the accessibility of marijuana, potency increases and misperceptions of the safety of marijuana has endangered our most precious resource, our youth." It is important to take this very seriously!

The Surgeon General and HHS note that marijuana today is not the marijuana of yesterday. He reports, "the THC content in commonly cultivated marijuana plants has increased three-fold between 1995 and 2014 (4% and 12% respectively)". "Higher doses of THC are more likely to produce anxiety, agitation, paranoia and psychosis." The Surgeon General also pointed out that "the legalization movement may be impacting youth perception of harm from marijuana." He explains that "frequent marijuana use during adolescence is associated with changes in the areas of the brain involved in attention, memory, decision making, and motivation." He also states that "frequent use is linked to declines in IQ, school performance that jeopardizes professional and social achievements and life satisfaction" and noting that, "regular use of marijuana in adolescence is linked to increased rates of school absence and drop-out, as well as suicide attempts." Our young people have growing brains and they are very different from adult brains. Newer research and THC increases has prompted this important advisory. The last advisory related to marijuana use was provided by the Surgeon General in 1982. This is significant news! The advisory is share with our students. Let us work together to protect our future, our childrenlocated on the HHS.gov website, Surgeon General's advisory on marijuana and the developing adolescent brain. Since this time, even more research on marijuana has been completed.

Please check out the information and suggestions to parents. I have shared all the information with our school staff so they can also .

"Kindness is something anyone can give without losing anything themselves."

School Board

Meeting

The Oelrichs Board of Education will hold a regular meeting Monday November 14th at 5:30 PM.

Nove	ember					2022
S unday	Monday	Tuesday	Wednesda	ay Thursday	Friday	Saturday
		1	2	3 Red Rib- bon Carni- val	4 Teacher In service NO SCHOOL	5
6	7	8 Election Day School	9	10 Veter- an's Day Program 10:00AM	11 VETER- AN'S DAY	12
13	14 School Board Meeting 5:30PM	15	16	17	18 Oelrichs school turkey dinner for all students, staff and communi- ty members. 11:30-1:00PM	19
20	21	22	23	24 Thanks- giving Day No Scho	25 01	26
27	28	29	30 Mark Twain's Birthday			

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Elementary Expressions



MUSIC MELODIES



Grades 1 & 2 making egg shakers in music class.

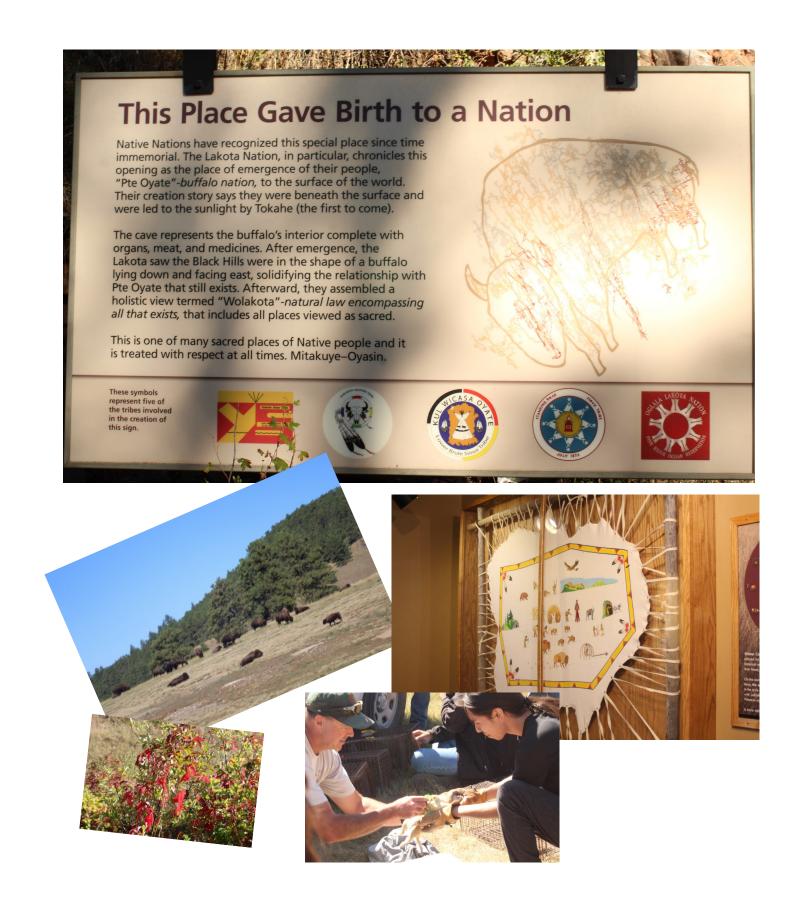
MUSIC MELODIES



Upcoming Events

November 3rd-Red Ribbon Carnival 1:30-3:00PM Parents welcome. November 4th-NO SCHOOL, teacher in service. November 8th-Election Day 7:00AM to 7:00PM November 10th-Veteran's Day Program 10:00AM November 11th-VETERAN'S DAY with school. November 18th-Community Turkey Dinner 11:30AM to1:00PM November 23rd to 25th NO SCHOOL/Thanksgiving Break,

Wind Cave Field Trip



HAPPY BIRTHDAY HAPBA BIRTHDAY

November Birthdays

11/1-Bentley Janis 11/11-Cecelia Her Many Horses 11/12-Kobe Runs Above 11/12-Riley Airheart 11/19-Royal Bull Bear 11/20-Sayer Martin 11/24-Peyden Two Lance