

# August 2018

◀ Jul 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Notes: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk. Reduced fat dressing is served with salads and fresh vegetables. All Grain items are Whole Grain Rich</b>		1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	<b>20</b> Ham and Cheese Sandwich 6-12 Hamburger on a Bun K-5 Green Leaf Lettuce Tomato Slice Oven Fries Red Bell Pepper Strips Fruit Choice – Canned Milk Choice	<b>21</b> Turkey & Cheese Sub Sandwich Dark Green Leaf Lettuce Tomato Slice Chips Apple Sauce Milk Choice	<b>22</b> Taco Salad Refried Beans Salad Peas Apple Sauce Cookies Milk Choice	<b>23</b> BBQ Chicken French Fries Watermelon / Cantaloupe Roll Milk Choice	<b>24</b> Pizza Salad Mandrin Oranges Carrots Milk Choice	25
26	<b>27</b> Chicken Nuggets Whole Wheat Roll & Jelly Mashed Potatoes & Gravy Tossed Salad peaches Milk Choice	<b>28</b> Beef and Bean Burrito Tortilla Chips (9-12) Tomato Salsa Romaine lettuce Mexican Corn Fresh Banana Canned Fruit Pears Milk Choice	<b>29</b> Yummy Sloppy Joes On a Bun French Fries Fresh Apple Canned Fruit Pears Milk Choice	<b>30</b> Chicken Wrap Salsa Pineapple Lettuce/Tomatoes Onions/Green Peppers Milk choice	<b>31</b> Chicken Tetrzzini Gralic Bread Tossed Salad Sliced Cucumber Baby Carrots Apricot Half Milk Choice	

