


October		November 2023					December
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 Super Nachos Refried Beans Salad Pears Milk Choice	2 Chicken Wrap Rice Black Bean Salsa Peaches Milk	3 NO SCHOOL	4	
5	6 Tangrine Chicken Rice Egg Roll Mixed Vegetables Mandrin oranges Milk Choice	7 Goulash Roll Green Beans Pineapple Milk Choice	8 Taco Burger On a Bun Tater Tots Refried beans Mixed fruit Milk Choice	9 Mac and Cheese Roll Meat Balls Peas Peaches Milk Choice	10 Pizza Salad Green Beans Pears Milk Choice	11	
12	13 Chicken Patty on a bun Chips Corn Applesauce Milk Choice	14 Chili Corn Chips Fruit Choice Carrot Sticks Milk Choice	15 Hamburger on a Bun French Fries Lettuce and tomato Peaches milk Choice	16 Community Turkey Dinner	17 Chicken and Noodle Roll Mashed Potatoes Peas Pear Milk Choice	18	
19	20 Chicken Strips Whole Wheat Roll Broccoli and cheese peaches Milk Choice Cookie	21 Spaghetti with meat sauce Green Beans Bread Stick Pears Milk Choice	22 THANKSGIVING	23 BREAK *****	24 *****	25	
26	27 BBQ Pork on a bun Tater Wedges Corn Apple Sauce	28 Turkey Subs Tomato Soup Peaches Milk Choice	29 Chicken Wrap Rice Black Bean Salsa Peaches Milk	30 Tatar Tot Casserole Whole wheat roll Pears Salad Milk Choice	Notes: THE DAILY STUDENT LUNCH MEAL ALSO INCLUDES: CHILLED CANNED FRUIT IN NATURAL JUICE OR A CHOICE OF FRUIT AND A MILK LOW FAT WHITE NON-FAT CHOCOLATE MILK		