| [◄ September](https://www.wincalendar.com/Holiday-Calendar/September-2020%22%20%5Co%20%22September%202020) | **October 2020 Breakfast** | [November ►](https://www.wincalendar.com/Holiday-Calendar/November-2020) |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  | Notes Eating right is a balancing act. Start each day of with a balanced breakfast at school and you will be ready to juggle the challenges of the day.  |  |  | 1 French ToastSyrup Cup or CerealFruit ChoiceJuice Milk Choice | 2  | 3  |
| 4  | 5 Western Omelet Quesadilla Or Cereal with Tomato Salsa Pears Fruit Juice Choice Milk Choice | 6 Pancake on Stick or Cereal Syrup CupFruit ChoiceJuice Milk Choice | 7 Biscuit & Gravy Or Cereal Pineapple Chunks Fruit Juice Choice Milk Choice | 8 Breakfast PizzaApplesauce Or Cereal Fruit Juice Choice Milk Choice | 9 Muffins Or Cereal YougurtFruit Choice Fruit Juice Choice Milk Choice | 10  |
| 11  | 12 Excellent Egg Taco with Tomato Salsa Or Cereal Graham Snacks Fresh Kiwi Fruit Juice Choice Milk Choice | 13 French ToastSyrup Cup or CerealFruit ChoiceJuice Milk Choice | 14 Sausage & Egg Buscuit Or Cereal Peaches Fruit Juice Choice Milk Choice | 15 Pancake on Stick or Cereal Syrup CupFruit ChoiceJuice Milk Choice | 16 Cinnamon rolls Or Cereal YougurtPineappleFruit JuiceMilk Choice | 17  |
| 18  | 19 Western Omelet Quesadilla Or Cereal with Tomato Salsa Pears Fruit Juice Choice Milk Choice | 20 Pancake on Stick or Cereal Syrup CupFruit ChoiceJuice Milk Choice | 21 Biscuit & Gravy Or Cereal Pineapple Chunks Fruit Juice Choice Milk Choice | 22 Breakfast PizzaApplesauce Or Cereal Fruit Juice Choice Milk Choice | 23 Muffins Or Cereal YougurtFruit Choice Fruit Juice Choice Milk Choice | 24  |
| 25  | 26 Excellent Egg Taco with Tomato Salsa Or Cereal Graham Snacks Fresh Kiwi Fruit Juice Choice Milk Choice | 27 French ToastSyrup Cup or CerealFruit ChoiceJuice Milk Choice | 28 Sausage & Egg Buscuit Or Cereal Peaches Fruit Juice Choice Milk Choice | 29 Pancake on Stick or Cereal Syrup CupFruit ChoiceJuice Milk Choice | 30 Cinnamon rolls Or Cereal YougurtPineappleFruit JuiceMilk Choice | 31  |