| [◄ September](https://www.wincalendar.com/Holiday-Calendar/September-2020%22%20%5Co%20%22September%202020) | **October 2020 Lunch** | [►](https://www.wincalendar.com/Holiday-Calendar/November-2020) |
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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  | Notes: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk. Reduced fat dressing is served with salads and fresh vegetables. All Grain items are Whole Grain Rich. |  |  | 1 Taco SaladApple Sauce Refried beansCookies Milk Choice | 2 No School Hamburger on a Bun Dark Green Leaf Lettuce Tomato Slice Oven Fries Strawberries & Bananas Fruit Choice - Fresh Milk Choice | 3  |
| 4  | 5 Chicken Patty on a Bun Dark Green Leaf Lettuce & Tomato Slice French FriesApplesauceMilk Choice | 6 Beef & Bean Burrito Tortilla Chips (9-12) Tomato Salsa Romaine Lettuce Corn Canned Fruit Choice Milk Choice | 7 Mini Meatball Sub Ranch Potato Wedges Tossed Salad Fresh Peach Fruit Choice - Canned Milk Choice | 8 Baked Ham Angel Biscuit & Jelly Apple Glazed Sweet Potatoes Green Beans Fresh Grapes Honey Apple Crisp (9-12) Fruit Choice - Canned Milk Choic | 9 Pizza Broccoli Florets Carrots Fruit Choice -Canned Milk Choice | 10  |
| 11  | 12 Macaroni & CheeseWhole Wheat RollCarrotsApple SaladMilk Choice | 13 Taco Burger on a Bun Tortilla Chips (6-12) Tortilla Chips (6-12) Tomato Salsa Dark Green Leaf Lettuce Refried Beans Mandarin Oranges Milk Choice | 14 Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Green Beans Peaches Milk Choice | 15Chicken Drumstick Whole Wheat Roll & Jelly Baked Beans Creamy Cole Slaw Apricot Halves Fruit Choice - Fresh Milk Choice | 16 Chicken & Noodles Whole Wheat Roll & Honey (6-12) Mashed Potatoes Peaches Milk Choice | 17  |
| 18  | 19 Country Style Beef Pattie Whole Wheat Roll & Jelly (6-12) Mashed Potatoes & Gravy Steamed Broccoli Pineapple Milk Choice | 20 Sloppy Joes on a BunFriesCornPearsMilk Choice | 21 Taco Salad & Tortilla Chips Refried Beans Romaine Lettuce Cinnamon Puff (6-12) Pears Milk Choice | 22 Chicken Teriyaki Over noodles Green Beans Cherry Tomatoes Celery Sticks Tropical Fruit Milk Choice | 23 Chicken Nuggets French Fries Pears Milk Choice | 24  |
| 25  | 26 Hot Dog Green Beans Tater Tots Fruit Cocktail Rice Krispy Bar Milk Choice | 27 Chicken Wrap Rice Romaine Lettuce Tomato Tropical Fruit Oatmeal Cookie (9-12) Mandarin Oranges Milk Choice  | 28 Super Nachos**Refried Beans Salad****Peaches****Milk Choice** | 29 Hamburger on a Bun Dark Green Leaf Lettuce Tomato Slice Oven Fries Strawberries & Bananas Fruit Choice - Fresh Milk Choice | 30 Pizza Broccoli Florets Carrots Fruit Choice -Canned Milk Choice | 31  |