| [◄ September](https://www.wincalendar.com/Holiday-Calendar/September-2020" \o "September 2020) | **October 2020 Lunch** | | | | | [►](https://www.wincalendar.com/Holiday-Calendar/November-2020) |
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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  | Notes: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk. Reduced fat dressing is served with salads and fresh vegetables. All Grain items are Whole Grain Rich. |  |  | 1  Taco Salad  Apple Sauce  Refried beans  Cookies  Milk Choice | 2  No School Hamburger on a Bun Dark Green Leaf Lettuce Tomato Slice Oven Fries Strawberries & Bananas Fruit Choice - Fresh Milk Choice | 3 |
| 4 | 5 Chicken Patty on a Bun Dark Green Leaf Lettuce & Tomato Slice French Fries  Applesauce  Milk Choice | 6  Beef & Bean Burrito Tortilla Chips (9-12) Tomato Salsa Romaine Lettuce Corn Canned Fruit Choice Milk Choice | 7  Mini Meatball Sub Ranch Potato Wedges Tossed Salad Fresh Peach Fruit Choice - Canned Milk Choice | 8  Baked Ham Angel Biscuit & Jelly Apple Glazed Sweet Potatoes Green Beans Fresh Grapes Honey Apple Crisp (9-12) Fruit Choice - Canned Milk Choic | 9  Pizza Broccoli Florets Carrots Fruit Choice -Canned Milk Choice | 10 |
| 11 | 12  Macaroni & Cheese  Whole Wheat Roll  Carrots  Apple Salad  Milk Choice | 13  Taco Burger on a Bun Tortilla Chips (6-12) Tortilla Chips (6-12) Tomato Salsa Dark Green Leaf Lettuce Refried Beans Mandarin Oranges Milk Choice | 14  Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Green Beans Peaches Milk Choice | 15  Chicken Drumstick Whole Wheat Roll & Jelly Baked Beans Creamy Cole Slaw Apricot Halves Fruit Choice - Fresh Milk Choice | 16  Chicken & Noodles Whole Wheat Roll & Honey (6-12) Mashed Potatoes Peaches Milk Choice | 17 |
| 18 | 19  Country Style Beef Pattie Whole Wheat Roll & Jelly (6-12) Mashed Potatoes & Gravy Steamed Broccoli Pineapple Milk Choice | 20  Sloppy Joes on a Bun  Fries  Corn  Pears  Milk Choice | 21  Taco Salad & Tortilla Chips Refried Beans Romaine Lettuce Cinnamon Puff (6-12) Pears Milk Choice | 22  Chicken Teriyaki Over noodles Green Beans Cherry Tomatoes Celery Sticks Tropical Fruit Milk Choice | 23  Chicken Nuggets French Fries Pears Milk Choice | 24 |
| 25 | 26  Hot Dog Green Beans Tater Tots Fruit Cocktail Rice Krispy Bar Milk Choice | 27  Chicken Wrap Rice Romaine Lettuce Tomato Tropical Fruit Oatmeal Cookie (9-12) Mandarin Oranges Milk Choice | 28  Super Nachos  **Refried Beans Salad**  **Peaches**  **Milk Choice** | 29  Hamburger on a Bun Dark Green Leaf Lettuce Tomato Slice Oven Fries Strawberries & Bananas Fruit Choice - Fresh Milk Choice | 30  Pizza Broccoli Florets Carrots Fruit Choice -Canned Milk Choice | 31 |