

Mon	Tue	Wed	Thu	Fri	Sat	Sun	
1 No School 	2 Chicken and Noodle Roll Mashed Potato Peas Fruit choice Milk Choice	3 Walking Taco Lettuce/tomato Refried Beans Apple Sauce Corn Cake Milk Choice	4 Macaroni & Cheese Meatballs Whole Wheat roll Carrots Applesauce Milk Choice	5 No school Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Green Beans Mandarin Oranges Milk Choice	6	7	
8 Chicken Nuggets Roll Smiley Potatoes Green Beans Pears Milk Choice Cookie	9 Ham and Cheesy Potatoes Peas Roll Peaches Milk Choices	10 Chicken Wrap Rice Tortilla Chips Corn Banana Milk Choice	11 Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Green Beans Mandarin Oranges Milk Choice	12 Pizza Salad Broccoli and cheese Pears Milk Choice	13	14	
15 Turkey Subs Chips Water Melon Salad Milk Choice	16 Chicken and rice or chicken Wheat Roll Peas Pineapple Brownie Milk Choice	17 Nachos Refried Beans Corn Apple Sauce Cake Milk Choice	18 Roast Beef Roll Mashed Potatoto Green Beans Peaches Milk Choice	19 Hamburger on a Bun Oven Fries Lettuce/tomato Mandarin Oranges Milk Choice	20	21	
22 Chili Corn Bread Fruit Choice Carrot Sticks Milk Choice Blueberry Bars	23 Cowboy Cavatini Whole Wheat Roll Peas Garden Salad Mandarin Orange Milk Choice	24 Burrito Refried Beans Salad Mix Applesauce Milk Choice Slushy	25 Sloppy Joes on a Bun Green Leaf Lettuce Tomato Slice Oven Fries Pears Milk	26 Pizza Salad Broccoli and cheese Pears Milk Choice	27	28	
29 Corn Dog Tater Tots Pineapple Milk Choice Cookie	30 Baked Ham Roll Mashed Potatoes Green Beans Pears Blueberry bar (9-12) Milk Choice	Notes:: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk. Reduced fat dressing is served with salads and fresh vegetables. All Grain items are Whole Grain Rich					